



**Breakfast · Lunch · Catering** 





EGG BEATERS® OR EGG WHITES AVAILABLE UPON REQUEST.

RISE & DINE USES ONLY FRYING OILS THAT ADD ZERO GRAMS OF TRANS FAT PER SERVING

### THREE-EGG OMELETTES

SERVED WITH TOAST AND CHOICE OF: HASH BROWNS, OR GRITS, OR FRESH FRUIT.



#### MEAT LOVER'S OMELETTE

HAM, TURKEY, BACON AND SAUSAGE WITH YOUR CHOICE OF CHEESE

#### HAM & CHEESE OMELETTE

DICED HAM SMOTHERED WITH YOUR CHOICE OF CHEESE

#### CLASSIC DENVER OMELETTE

HAM, ONIONS, GREEN PEPPERS, MUSHROOMS AND CHEESE



#### **BACON, TOMATOES & YOUR FAVORITE CHEESE**

A PERFECT COMBINATION

#### HAM, ASPARAGUS & MONTEREY JACK OMELETTE

DICED HAM AND ASPARAGUS LAYERED WITH MONTEREY JACK CHEESE

#### SPINACH, TOMATO & FETA CHEESE

DICED TOMATOES COMBINED WITH SPINACH AND FETA CHEESE

#### **VEGGIE & CHEESE OMELETTE**

ALL OF OUR FRESHEST VEGGIES SAUTÉED AND LAYERED WITH MONTEREY JACK CHEESE

#### SPINACH, MUSHROOMS & SOUR CREAM OMELETTE

SAUTÉED MUSHROOMS AND SPINACH COMPLEMENTED WITH SOUR CREAM

#### **ULTIMATE CHEESE OMELETTE**

COMBINATION OF AMERICAN, SWISS, CHEDDAR AND MONTEREY JACK CHEESES

#### **BREAKFAST SUNDAE**

A BOWL OF FRESH FRUIT TOPPED WITH STRAWBERRY YOGURT AND HOMEMADE GRANOLA. SERVED WITH A FRESH-BAKED MUFFIN OF THE DAY



#### **OUR POPULAR HOMEMADE CORNED BEEF HASH**

FULL ORDER HALF ORDER WITH TWO EGGS AND TOAST WITH TWO EGGS AND TOAST



#### HEARTY BREAKFAST

TWO EGGS ANY STYLE WITH BUTTERMILK PANCAKES, CHOICE OF BACON, HAM OR SAUSAGE; AND CHOICE OF: HASH BROWNS, OR GRITS OR FRESH FRUIT



### BREAKFAST COMBOS

#1 Two eggs any style with toast and coffee, plus choice of: hash browns, or grits, or fresh fruit

#2 Two eggs any style with toast and coffee, plus choice of: bacon, sausage OR HAM; AND CHOICE OF HASH BROWNS, OR GRITS OR FRESH FRUIT

#### **HOMEMADE BISCUITS** & SAUSAGE GRAVY

HALF ORDER FULL ORDER



# Breakfast Specialties

Served with hash browns, or grits, or fresh fruit.



Egg, cheese and your choice of bacon, ham or sausage

#### **Breakfast Burrito**

Scrambled eggs, sausage, cheese, onions, tomatoes and peppers folded into a soft tortilla. Served with sour cream and salsa on the side

#### 🌞 Steak & Eggs

A hearty, six-ounce steak, chargrilled to perfection. Served with two eggs any style and toast

#### **Sausage Benedict**

English muffin topped with sausage patties and poached eggs, smothered in our own homemade sausage gravy

#### Chicken Fried Steak N' Eggs

Chicken fried steak smothered in our own homemade sausage gravy. Served with two eggs and toast

#### **Protein Wrap**

Egg whites, turkey, spinach, mushrooms and Monterey Jack cheese folded into a whole wheat tortilla. Served with sour cream and salsa on the side



### benedicts

**Eggs Benedict** 

Poached eggs and Canadian bacon served on a toasted English muffin and topped with hollandaise **<b>\*** Eggs Blackstone

Poached eggs with grilled tomato slices served on a toasted English muffin. Topped with hollandaise and crumbled bacon

#### **Eggs Florentine**

Served with hashbrowns, or grits, or fresh fruit.

Poached eggs and sautéed spinach served on a toasted English muffin and topped with hollandaise

## pancakes, waffles & french toast

Buttermilk Pancakes
Whole Wheat Pancakes
Peach Almond Pancakes

**Banana Nut Pancakes** 

Blueberry Pancakes
Chocolate Chip Pancakes

Belgian Waffle French Toast

made with Texas toast



Add bananas and/or strawberries to any of the above



#### Rise & Dine™ One-of-a-Kind French Toast Crunch

Our own French toast coated in a delicious blend of fresh granola, coconut and brown sugar, then baked to a delightful crunch

Whipped cream available upon request

### Sides

Fresh Fruit Bowl Side of Fruit Assorted Cereal Oatmeal

with Raisins and/or Bananas

Strawberry Yogurt

Bowl of Homemade Granola

Bagel

With peanut butter or cream cheese

Fresh-Baked Muffins of the Day
Toast or English Muffin

Bacon, Ham or Sausage Patties

Hash Browns, Seasoned Homefries or Grits

**Cottage Cheese** 

Side Salad

## Lunch Favorites

Substitute a side salad or fresh fruit or enjoy seasoned fries at no extra charge.

All sandwiches are served with chips or fries and a pickle.



#### Stuffed Chicken or Tuna Croissant

Croissant filled with our freshly made Albacore tuna salad or all white meat chicken salad. Topped with lettuce and tomato

#### **Chargrilled Chicken Sandwich**

Marinated chicken breast grilled to perfection, topped with Monterey Jack cheese, lettuce and tomato on a grilled bun

#### **Chicken Melt**

Our all white meat chicken salad with tomatoes and Monterey Jack cheese grilled on sourdough bread

#### Reuben

Hot corned beef or turkey, sauerkraut and Swiss cheese grilled on rye. Served with Thousand Island dressing on the side



Your choice of plain, whole wheat, spinach or a garlic & herb tortilla

All wraps are served with chips or fries and a pickle.

#### **Hot Veggie Wrap**

A combination of sautéed veggies, melted Monterey Jack cheese and creamy horseradish sauce

#### **Monterey Ranch Chicken Wrap**

Crispy or chargrilled chicken strips with Monterey Jack cheese, bacon, lettuce, tomato and ranch dressing

#### **\*\*** Black & Bleu Wrap

Black Angus® Beef burger, blackened and sliced. Wrapped with lettuce, tomato, sautéed red onion and bleu cheese dressing

#### Club Wrap

Sliced turkey, ham and cheese with bacon, lettuce, tomato and mayo

#### Steak & Cheese Wrap

Shaved ribeye with mayo, onions, peppers, mushrooms and melted American cheese

#### **Chicken Caesar Wrap**

Grilled Chicken strips with fresh cut romaine, shredded parmesan, home-style croutons, and Caesar dressing



#### Half-pound Black Angus® Burgers

Genuine Black Angus® Beef makes these delicious! Chargrilled & topped with lettuce, tomato, red onion. Served on a grilled bun.

- Rise & Dine™ Half-Pounder with Cheese
- · Bacon & Cheddar
- Mushroom & Swiss
- · Pepper Jack, Sautéed Peppers & Onions
- · Black & Bleu

#### **Patty Melt**

Grilled genuine Black Angus® Beef burger with sautéed onions and melted Swiss cheese on grilled rye



#### **Roast Beef & Cheddar Melt**

Thinly sliced roast beef with sautéed mushrooms and melted cheddar cheese on sourdough bread.
Served with horseradish dressing on the side

#### **Tuna Melt**

Freshly made Albacore tuna salad and Monterey Jack cheese grilled on rye bread

## classic sandwiches

All sandwiches are served with chips or fries and a pickle.

#### **Grilled Cheese on Texas Toast**

With tomato
With tomato & bacon

#### BLT

Bacon, lettuce, tomato and mayo served on toasted sourdough

#### **Hot Corned Beef & Swiss**

Served on toasted rye

#### **Roast Beef Deli**

Medium roast beef thinly sliced and piled high on sourdough bread then topped with cheddar cheese, lettuce and tomato

#### **Turkey Deli**

Oven-roasted turkey thinly sliced and piled high on whole grain wheat bread then topped with white American cheese, lettuce and tomato

#### **Ham Deli**

Thinly sliced and piled high on rye bread then topped with Swiss cheese, lettuce and tomato

#### A Little Bit of Both

Half of a Classic Sandwich with a cup of soup or a side salad



## soups & salads

#### **Home-style Chili**

With shredded cheese and onions.
Bowl Cup

#### Soup of the Day

Bowl Cup



#### Buffalo Chicken Salad

Crispy fried or chargrilled chicken tenders coated in Frank's Hot Sauce atop a bed of tossed greens, sliced tomato, crispy tortilla strips, red onions, shredded cheddar and Monterey Jack cheese



#### **Quiche of the Day**

Homemade and served with your choice of a side salad or fresh fruit

#### Chef's Salad

Our large house salad topped with ham, turkey, roast beef, crumbled bacon and a hard-boiled egg

#### **Tuna or Chicken BLT Salad**

A generous scoop of Albacore tuna or chicken salad served atop tossed greens with diced bacon, tomatoes and a hard-boiled egg

#### **Chicken Caesar Salad**

A classic Caesar with chargrilled chicken, crispy romaine lettuce, shredded parmesan cheese, homestyle croutons and Caesar dressing

#### Steak & Gorgonzola Salad

Cuts of grilled flat-iron steak with crumbled gorgonzola cheese, red onions and grilled green pepper rings atop a bed of tossed greens

#### Crispy or Chargrilled Chicken Tender Salad

Our house salad topped with crispy fried chicken tenders or chargrilled chicken strips

#### **Chicken or Tuna Salad & Fruit Platter**

Our popular all white meat chicken salad or our freshly made Albacore tuna salad served with a generous portion of fresh fruit

#### **Field Greens Salad**

Fresh baby field greens, bacon, tomatoes, sliced egg, red onion, feta cheese, mandarin oranges and fresh strawberries

#### **House Salad**

Tossed greens, mushrooms, cucumbers, olives, red onions, shredded cheese, tomato and croutons

#### **Homemade Dressings**

Ranch • Creamy Horseradish • Thousand Island
Poppyseed • Bleu Cheese • Low Cal Vinaigrette • Honey Mustard

## sweet treats

ALL DESSERTS NOT AVAILABLE AT ALL LOCATIONS



#### Chocolate LAVA Erupting Cake

Chocolate cake with a hot liquid center.

#### **Carrot Cake**



**Ice Cream** 





#### Juice

Orange Juice, Cranberry Juice, V-8 or Apple Juice

Iced Tea, Hot Tea, Herbal Tea

Gevalia Premium Coffee Hot Chocolate Milk Chocolate Milk Bottled Water Sodas

Proudly serving these fine products.











## gift cards always available

We accept AMEX, Discover, MasterCard & Visa

## we cater to our guests!

The same great food and service you love in our restaurants are now available at your next catered event! Whether it's a small gathering or a large function, Rise & Dine™ can do it all.

Order from our pre-set menu or custom design a menu to your liking. Our culinary specialists are always on hand to assist. Let our professional staff take care of all the details! Ask your server today, or call the Rise & Dine<sup>TM</sup> near you. (Catering available through participating locations.)

# call ahead for take-out Ask your server for our handy take-out menu

Items and prices are subject to change, and may vary between locations

## visit us at these locations

#### **Arena District**

277 W. Nationwide Blvd. (614) 222-3008

#### Dublin

7573 Sawmill Rd. (Kroger Marketplace Center) (614) 932-7008

#### **Grandview**

1284 W. Fifth Ave. (614) 481-3363 (614)-481-3364 - Fax

#### **Grove City**

OPENING SOON

#### **New Albany**

5481 New Albany Road West (New Albany Market) (614) 939-4848

#### Mansfield

625 Lexington Ave. (S.R. 42) (Shoppes at Sterkel Park) (740) 775-1008

#### Westerville

678 N. State St. (Northridge Crossing) Opening September 2008

Franchise opportunities available.

www.risedine.com